

Dr H Nay Lin & Partner

Dear Patient

You will be receiving a text message with questionnaires. The following Q&A explains the reason why you have received it.

Cardio-Renal-Metabolic (CRM) Questionnaire – Frequently Asked Questions

Why have I received this questionnaire?

Our GP practice is taking part in the North West London Cardio-Renal-Metabolic (CRM) programme. The aim is to prevent health issues from developing that can affect your heart, kidneys and metabolism.

As part of this programme, we are inviting some patients to complete a short questionnaire to help us identify people who may benefit from a review of their heart, kidney and metabolic health.

Does this mean there is something wrong with my health?

No. Receiving this questionnaire does **not** mean we have found a problem or that you have been diagnosed with a medical condition.

The questionnaire is part of a proactive approach to identifying people who may benefit from advice, monitoring or further assessment before health problems develop.

Why was I selected?

Patients are invited based on information already held in their GP record, such as age, existing health conditions or other health factors. Different patients may be invited at different times.

What is cardio-renal-metabolic health?

The term “cardio-renal-metabolic” refers to conditions affecting the:

- Heart (cardio)
- Kidneys (renal)
- Metabolism, including diabetes and weight-related health (metabolic)

These conditions are closely linked, so reviewing them together helps us provide the best care.

What happens after I complete the questionnaire?

A clinician will review your responses alongside your medical record.

If no further action is needed, we will not usually contact you.

If we think you would benefit from further assessment, we may invite you for a review, arrange some routine tests, or discuss ways to reduce your future health risks.

Do I have to complete the questionnaire?

Completing the questionnaire is voluntary, but we encourage you to do so. It helps us provide the right care and identify opportunities to prevent future health problems.

Will completing the questionnaire change my medical record?

Your responses will become part of your confidential GP medical record and will only be used to support your healthcare.

I have more questions.

If your question is not answered here, please contact the practice and a member of the team will be happy to help.

Please do cooperate and participate by returning the completed questionnaires when you have received a text message.

Thank you for your help and support

Admin Team
Dr H Nay Lin & Partner